<table>
<thead>
<tr>
<th>Date</th>
<th>5-a-day</th>
<th>Foundation</th>
</tr>
</thead>
<tbody>
<tr>
<td>November 4</td>
<td>Simplify 4w x 2w</td>
<td>Simplify 2a x 3c x a</td>
</tr>
<tr>
<td></td>
<td>Simplify 2a x 3c x a</td>
<td>Find a</td>
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<td>Find a</td>
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<tr>
<td></td>
<td>Factorise 8a + 10ac</td>
<td>Multiply out 7(3w - 9)</td>
</tr>
<tr>
<td></td>
<td>Multiply out 7(3w - 9)</td>
<td>Write down the y-intercept.</td>
</tr>
<tr>
<td></td>
<td>Write down the y-intercept.</td>
<td>Write down the equation of the line</td>
</tr>
</tbody>
</table>