

February 27th

If each person pays £8, they have £3 spare.
If each person pays £7, the group are £4 short.

Hence

$$8x - 3 = 7x + 4$$

Solving gives

$$x = 7$$

$$8x - 3 = 8 \times 7 - 3 = 53$$

There are 7 people, and the bill was £53